



LYMPHATIC TREATMENT: Relaxing and Rejuvenating

Many ailments are linked to the lymph system and to a compromised immune system. Physical and emotional ailments can be aggravated by blockage of lymph flow. There are many benefits to lymphatic treatment.

Benefits

- Assists weight loss, 80% of overweight people have sluggish lymphatic systems according to new research.

Skin

- Promotes skin health; less dry or bumpy – more supple. Provides cosmetic enhancement by the reduction of fluid deposits in the face, healthier skin, supporting cellulite reduction therapies and post skin procedures such as micro-derm abrasion.

Post Mastectomy

- Supports pre and post-surgical health, e.g. post-mastectomy health. In spite of interference with the drainage system (e.g. Surgical cutting and cauterizing, injury, scar tissue, adhesions, etc.) assists lymphatic (waste or fluid to “get around” the blockage, normalizing lymphatic drainage through and past the surgical areas.

Edema

- Reduces edema (swelling) and lymph edema of many origins and causes. Regenerative tissue, including burns, scars, stretch marks and wrinkles (especially on the face).

Prevention

- Supports prevention of breast and prostate problems and relieves discomfort from fibro-cystic breasts.

Chemo

- Assists in releasing the effects and by products of medical treatment, procedures and medications for example, anesthesia, antibiotics or chemotherapy.

Detox

- Detoxifies the body tissues from a lifetime of pollution, various kinds of medications or over-the-counter drugs, poor eating choices, etc.
- Provides pre and post athletic application to increase performance and decrease muscle and tendon tension.

Headaches

- Relieves pressure from head congestion like sinus, headaches, etc.
- Assists poor waste flow due to irregular exercise, inflammation or poor eating habits.

Relaxation

- Provides relaxation, emotional balance, and feelings of well-being and increased energy.

Rebalance

- Clears and rebalances the energy field of body workers after working with clients.

Fatigue

- Reduces symptoms of chronic fatigue and fibromyalgia.
- Assists those with allergies, menstrual cramps, arthritis, ulcers, parasites, eating disorders, cancer, respiratory infections, emphysema, intestinal blockages, muscle and tissue tension, sciatica, and mental confusion and emotional disorders.

What is the Lymphatic System?

The Lymphatic System is a web of veins, glands and ducts that remove wastes and toxins naturally out of the body, starting at the inter-cellular level. The body contains two or three times more lymph than the blood but does not have a heart to pump it through the body. Lymph fluid in the body depends on motion (exercise, massage) to naturally propel lymph fluids, toxins and wastes out of the body.

There are many possible causes of lymphatic congestion such as: physical and emotional life stresses, heavy metals, man-made chemicals, cuts and scars from surgeries, genetic predisposition, lack of exercise, dehydration and tight-fitting clothes. Bumps, bruises and injuries can cause lymphatic congestion as can food allergies and sensitivities. A blockage in the lymph system can increase congestion over time.

The gentle Lymph Star Pro Machine causes a breakdown of the blockages in the lymphatic system. The body eliminates the waste through the kidneys and colon. It is recommended that clients schedule a colonic appointment to fully clean the colon during or after the lymph treatment.

Nutritive and homeopathic creams, applied directly to the skin at specific areas of the body, enhance the health producing benefits of the procedure. The therapeutic effects of the creams enhance the application of the Lymph Star Pro wands on the skin.

For questions or to make an appointment:
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